

OUR MISSION

is simple – we help people!

For twenty years we've been here for people in need, in and around the Thirsk area. Today our mission is still the same, but we've developed our services to continue to care for those around us, as their needs and circumstances change.



CONTACT



01845 524494/07917 612566



gill@communityworks.uk



www.communityworks.uk

OUR LOCATION

Community Works HQ
St James Green
Thirsk
North Yorkshire
YO7 1AQ
Registered Charity No.1096518



Community Works

Because life matters...

OUT 'N' ABOUT



For people living with Young/Early-Onset Dementia

Wednesday

10:00am – 15:00pm

Meeting place:

The Old Barn Coffee Shop

Balk, Thirsk,

YO7 2AQ

www.communityworks.uk

YOUNG/EARLY-ONSET DEMENTIA

affects people who are younger than 65 it is commonly diagnosed in someone's 50s but can be diagnosed as early as their 30s or 40s. People diagnosed relatively early in their lives can still be in the midst of their careers, raising families or supporting elderly relatives.



As people with Young/Early-Onset Dementia are younger and are still physically able they want to live a fulfilling life, they want to venture out and join in with activities that people without a diagnoses do in their day to day lives.

'The "out and about " has been invaluable for my sister. This is her favourite day out. Never a complaint, never a bad word. This cannot be duplicated by family. They become her friends and part of her routine'

OUT 'N' ABOUT

We provide a service for people living with Young/Early-Onset dementia which enables them to continue to be a part of the community. We have a whole range of enjoyable activities including attending local coffee mornings, walking, visiting museums, animal therapy, social activities and much much more.

WHEN AND WHERE

Booking is required please see contact details to arrange.

Wednesday

10:00am – 15:00pm

Meeting place:

The Old Barn Coffee Shop

Balk, Thirsk,

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COST

£45 per day plus £7 for lunch or they can attend with a packed lunch. Some costs can be covered by funding depending on the persons personal circumstances.

'The feedback gives a valuable 2nd insight and assessment of progress the family cannot see. Also the input and help ,both practical and advice has been, and continues to be invaluable in finding a way forward for future care.'

SUPPORT OUT 'N' ABOUT

If you would like to support this service we are always looking for volunteers to attend the group and help with the delivery by supporting the participants.

You could also donate to the service, here are some amounts you might like to consider giving each month and how this would help.

£15 helps us to purchase art materials

£30 would go towards transport to and from activities

£40 would go towards a day session for Out 'N' About

